

LUNCH MENU

From 11am to 3:00pm
Monday to Friday

SOUPS

Avgolemono	4.50
Baked French Onion Soup	5.25

SALADS

Greek Salad	Small 6.25	Large 7.95
Caesar Salad	Small 5.95	Large 7.75
Vlassis Salad	Small 6.95	Large 8.75

PASTA

Lasagna Vlassis	Small 8.75	Large 9.45
<i>With Sour Cream</i>		
Baked Lasagna	Small 8.25	Large 9.25
<i>With Meat Sauce</i>		
Baked Spaghetti	Small 8.25	Large 9.25
<i>With Meat Sauce</i>		
Spaghetti	8.95	

VEGETARIAN PASTA

Baked Vegetarian Lasagna	Small 7.75	Large 8.95
Baked Vegetarian Spaghetti	Small 7.75	Large 8.95
Vegetarian Spaghetti	7.95	

SOUVLAKIA

Lamb Souvlaki	9.95
Chicken Souvlaki	9.95
Beef Souvlaki	9.95
Prawns Souvlaki	10.95
Scallops & Prawns	10.95
Souvlaki	10.95

LUNCH MENU

From 11am to 3:00pm
Monday to Friday

HOT APPETIZERS

Dolmades	7.25
Spanakopita	7.25
Kalamari	7.95
Saganaki	8.25
Keftedes	7.95
Chicken Fingers	6.75
Garides	9.25
Zucchini	6.95

COLD APPETIZERS

Homous	5.25
Tzatziki	5.25
Tarama	5.25
Feta & Olives	7.25

MAIN DISHES

Moussaka	9.95
Roast Lamb	9.95
Pidakia Skaras	9.95
Dolmades	9.75
Keftedes	9.75
Kalamari	9.95
Spanakopita	9.95
6oz. Halibut Steak	11.95
1/2 GREEK Ribs	10.75
6oz. New York	11.95
Breaded Prawns	9.95
Breaded Oysters	9.95
Garides Lunch	11.25
<i>Above served with Greek Salad, Rice & Roast Potato</i>	
Gyros & Fries	9.75
<i>Beef or Chicken</i>	

PASTA

Baked Lasagna	Small 9.25	Large 10.75
Baked Spaghetti	Small 9.25	Large 10.75
Lasagna Vlassis	Small 9.75	Large 11.25
<i>With Sour Cream</i>		
Spaghetti	9.95	
<i>With Meat Sauce</i>		

Served with Garlic Bread or Pita

VEGETARIAN PASTA

Baked Vegetarian Lasagna	Small 9.25	Large 10.75
Baked Vegetarian Spaghetti	Small 9.25	Large 10.75
Vegetarian Spaghetti	9.95	

Served with Garlic Bread or Pita

BARBEQUE

Baby Back Ribs	18.95
Half BBQ Chicken	16.25

Served with Spaghetti or Rice, Greek or Caesar Salad & Garlic Bread or Pita

VLASSIS PLATTERS FOR 2

- #1 Prawns, Kalamari, Dolmades, Chicken Souvlaki, Scallops, Keftedes, Rice, Roast Potato & Greek Salad 43.95
- #2 Beef Souvlaki, Paidakia, Moussaka, Dolmades, Keftedes, Rice, Roast Potato & Greek Salad 43.95
- #3 Kalamari, Breaded Prawns, Halibut Steak, Scallops, Breaded Oysters..... 45.95

APPETIZER FOR 2

Spanakopita, Dolmades, Kalamari, Tzatziki, Keftedes & Greek Salad	23.95
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STEAKS

8oz. New York	17.75
10oz. New York	19.75
6oz.	15.75

Served with Rice or Spaghetti & Greek Salad

COMBOS

6oz. Steak & Tiger Prawns	20.95
6oz. Steak & Garlic Prawns	21.95
6oz. Steak & Breaded Prawns	20.95
<i>Served with Rice, Roast Potato & Greek or Caesar Salad</i>	
6oz. Steak & Baked Lasagna	17.95
6oz. Steak & Baked Spaghetti	17.95
6oz. Steak & Spaghetti	15.75
BBQ Ribs & Baked Lasagna	20.75
BBQ Ribs & Baked Spaghetti	20.75
BBQ Ribs & Spaghetti	20.75
BBQ Chicken & Baked Lasagna	17.75
BBQ Chicken & Baked Spaghetti	17.75
BBQ Chicken & Spaghetti	16.25

SEAFOOD DINNERS

Kalamari	15.95
Garides (Tiger Prawns)	19.75
Breaded Prawns	18.25
Breaded Oysters	18.25
8 oz. Halibut Steak	18.25

Served with Rice, Roast Potato & Greek or Caesar Salad

SOUVLAKIA

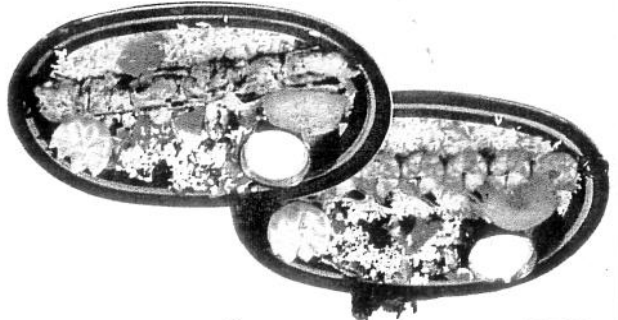
Lamb Souvlaki	15.95
Chicken Souvlaki	15.45
Beef Souvlaki	15.95
Prawns Souvlaki	19.25
Scallops & Prawns Souvlaki	19.25

Marinated with our own Herbs & Broiled on a Skewer.

ENTRÉES

Kleftiko	17.95
Roast Lamb	17.95
Ketedes	15.25
Moussaka	16.75
Vegetarian Moussaka	16.75
Greek Ribs	18.95
Kora Skaras	16.25
Paidakia Skaras	17.45
Dolmades	15.25
Spanakopita	14.25

Served with Greek or Caesar Salad, Rice & Roast Potato



FOR FREE DELIVERY, CALL
604-584-1884
604-584-1330

SOUPS

Baked French Onion Soup	4.75
Avglemono	5.75

SALADS

Artichoke Salad	8.25
Greek Salad	9.25
Caesar Salad	7.95
Vlassis Salad	10.25
Small	5.95
Large	7.95
Small	8.25
Large	10.25

Lettuce, Chicken, Tomato, Cucumbers & Onions, Choice of Dressing

HOT APPETIZERS

Dolmades	7.75
Spanakopita	7.25
Saganaki	8.25
Kalamari	7.95
Ketedes	7.75
Chicken Fingers	7.75
Garides - Prawns	9.95
Breaded Fantail Shrimp	8.75
Zucchini	7.75
Chicken Livers	8.50
Pita Bread	1.95

COLD APPETIZERS

Homous	5.75
Tzatziki	5.75
Tarama	5.75
Greek Olives & Feta Cheese	7.75